



# HANDOUT

## Lesson 1: Ephesians 1:1–14

THE BOOK OF

# EPHESIANS

### DISCUSS

**What were the last three things J.D. mentioned—three things we can take away from this text?**

**According to Ephesians 1:3–10, what has God done, what is He doing, or what will He do?**

**According to 1:3-10, what do we “have”? What blessings has He blessed us with?**

**What does adoption mean when God is doing it?**

**How would you define grace?**

**What “riches” has God lavished on us?**

**What’s mysterious about God’s will?**

**According verse 10, what is the mystery?**

**According to Ephesians 1:11–14, who are we?**

**What does our identity as Christians mean to you? How can we bring Him praise?**

**If you began to see bringing Him praise as your purpose in life, how would that change things?**

**How are you doing with bringing Him praise?**

### LIVE IT OUT

**Prayer:** At least four days in the coming week, thank God that He has included you in His great plan.

**Encouragement:** If you know a fellow Christian who is going through tough times, offer a word of hope. God has plans for us.

**Conversation:** Talk with somebody who isn’t a Christian (as far as you know). Ask them about their beliefs. If they ask about yours, be ready to tell them God’s story.

**Journaling:** Write out the text of Ephesians 1:1–14, a few verses at a time, jotting down your questions and reactions.

**Worship:** If you exist “for the praise of His glory,” then throw yourself into worship. Take time on your own to sing and dance and pray and shout, but also join with the church or youth group in a gathering of praise.